



Kentucky
Woodland
Owners
Association

KENTUCKY WOODLANDS NEWSLETTER

www.kwoa.net

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Summer 2020

KWOA/F Annual Meeting **RESCHEDULED** to September 22-23, 2020



Lake Cumberland State Resort Park will re-open under limited circumstances on July 1. COVID-19 guidelines require the park to limit registered event guests to fifty.

If you have not registered for the KWOA/F Annual Meeting that was rescheduled for September 22-23, you are encouraged to do so as soon as possible.

Make your lodging reservation directly with the park by calling 270-343-3111. The room rate is \$72.95 plus tax. Be sure you tell them you are with KWOA to get the conference room rate. The park is waiving the resort fee that is normally applied to lodging.

As of press time, the meeting is on-track and the guests and speakers have agreed to participate in the September event.

Register for the annual meeting via the tear-out form in this newsletter or on the website at <https://kwoa.net/annual-meeting/>.

Meeting updates will be posted to the KWOA website (<https://kwoa.net/category/annualmeeting/>).

Please also see updates provided in your Mail Chimp Wood Post.

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A Message From Your President

The "New Normal"

Reading, TV viewing, and cooking/eating have certainly been the main focus for most of us since early March. I am anxious for the libraries to reopen so that I can retrieve another supply of physical handheld books. TV viewing is becoming more manageable with warmer weather and longer daylight hours increase the opportunity to work in the yards and gardens. Cooking and eating, especially the eating, continue to be a favorite past time.

It seems that every magazine that has been stuffed into my mailbox recently always has the same opening comments from the editor explaining how the COVID-19 virus has turned our "normal" into a "new normal" and how it is daily being revised. Base upon the date of the publication, the articles reflect where we stand in the restructuring of our society. Dictionaries are being rewritten to redefine the words and terms of "zooming" and "social distancing".

Among those magazines delivered, some contain the subjects I most enjoy - forestry and natural resources. I tend to gravitate towards these first, but still, the same editorials appear about these turbulent times we

are living in. What is different from the resource magazines and the others retrieved from the mail box is that the forestry and natural resource issues spend only a few short sentences discussing "our changing times" and then quickly plunge into the benefits of "being out of doors". Everyone wants to be outdoors. Those that are tethered to the urban sections of our communities express their frustration of not being able to go to their local parks and outdoor venues.

Woodland owners throughout Kentucky, as well as any location in the world, know the pure enjoyment of being able to, at their leisure, go out and enjoy the benefits of their woodlands, small or large. I myself have thoroughly enjoyed the seasonal changes of this year from late winter, spring, and into summer walking within my woodland properties. With limited ways to spend my time this spring, I have spent more time just experiencing the outdoors without a mask, without the concern for social distancing and the constant "looking back over my shoulder" rehashing the threats that have prevailed since the beginning of the year.

I do hope those reading this newsletter have experienced good health within your family

throughout these confusing times. I hope that you too have had an opportunity to revisit your woodlands with the simple purpose of being able to be outside, away from harm's way, enjoying all that our woodlands can provide. These past few months have provided me new incentives to just sit back and absorb all that my, and hopefully your, woodlands have to provide.

Stay safe. Enjoy your woodlands. Appreciate them with a new perspective.

Thanks to all,
-- **Doug McLaren,**
KWOA/KWOF President



Family Corner

By Laurie Thomas, UK Forestry Extension

During this time of trying to social distance and keep everyone safe there are many activities and resources to still enjoy the great outdoors with your family. Project Learning Tree (PLT) has more than 30 free nature based activities for youth and families at www.plt.org/activities-for-families/. These activities have been a big hit with our 4-H families. Another great idea that I personally do and have done with my children is nature journaling and PLT has a great Basics of Nature Journaling publication that can help get you started www.plt.org/educator-tips/nature-journaling-ideas/. The Cornell Lab of Ornithology has created some innovative K-12 resources to build science skills while inspiring young people to visit their local habitats, explore biodiversity and engage in citizen science projects www.birds.cornell.edu/k12/.

There are also several free apps for your phone to get outside and learn about your surrounding environment. To help you identify what you are seeing in your woodland try **iNaturalist** or **Plantnet**. And for help identifying your feathered friends in your woodland try the **Merlin Bird app**. If you want an app for the younger set give **Plum's Photo Hunt** a try. This app sends kids on a mission to look for and photograph fun things in nature.

Don't forget June is Great Outdoors Month and now through October 31 is the National Wildlife Federation's Great American Campout celebration! So, download an App, get your nature journal, your water bottle or your camping gear and head out with your family to enjoy your woodland!



**Kentucky
Woodland
Owners
Association**

**Yes, I want to join KWOA!
KENTUCKY WOODLAND OWNERS ASSOCIATION**

P.O. Box 1201, Frankfort, KY 40602
info@kwoa.net www.kwoa.net

Date Paid: _____ **Membership:** ___New ___Renewal

Check one: ___Forest/Woodland Owner ___Non-owner Supporter ___Business or Organization

Woodland Acreage by County: ___acres _____county, ___acres _____county

Name(s) Primary: _____

Spouse/ co-owner, contact person: _____

Mailing Address: _____

City _____ State _____ Zip _____

Primary - E-mail Address: _____ **Phone:** _____

Second - E-Mail Address: _____ **Phone:** _____

You can join in person at an event, pay online at www.kwoa.net, or you may mail this form with your check.

Annual Membership and Donation Options	Dues	Amount Enclosed
KWOA Basic Membership: Woodland owner household, business, organization, or supporter \$35 includes full color email delivery Newsletter PDF and \$5.00 charitable contribution to KWOF	\$35.00	\$ _____
KWOA & NWOA: (National Woodland Owners Association) Membership (optional add on). You will receive the National Woodland quarterly newsletter & woodland report.	\$65.00	\$ _____
KWOA Basic Three year \$100.00: Includes a \$15.00 charitable contribution to KWOF and Full color PDF Newsletter (email delivery)	\$100.00	\$ _____
KWOA & NWOA Basic Three year \$190.00: Includes NWOA membership, a \$15.00 charitable contribution to KWOA, and Full color PDF Newsletter (email delivery)	\$190.00	\$ _____
KWOF Contribution: Voluntary (much appreciated) contribution to the Kentucky Woodland Owners Foundation (KWOF) deductible as a charitable donation. KWOF provides scholarships, service forestry awards, and contributes to other related charitable / educational work.	Any Amount	\$ _____
KWOA Contribution: to help with operating expenses, such as bookkeeping, communication, programming, advocacy, and educational expenses.	Any Amount	\$ _____
Black & White Hard-copy Newsletter: Upcharge per year to cover expenses. \$5.00 for one year or \$15.00 for 3 years.	\$5.00 or \$15.00	\$ _____
TOTAL		\$ _____

GENERAL INFO

- Dues Run Jan 1 - Dec 31 and apply to the entire household or business entity.
- KWOA: Kentucky Woodland Owners Association (KWOA) dues are not a charitable contribution; however, dues might be considered a business expense in some circumstances (ask your accountant). Part of your dues supports KWOF as indicated.
- KWOF: Kentucky Woodland Owners Foundation (KWOF) is a 501 (c) (3) charitable organization. Support of KWOF is fully deductible as a charitable contribution. As indicated, part of your dues support KWOF
- NWOA: National Woodland Owners Association (NWOA), a 501 (c) (3) charitable organization <http://woodlandowners.org/>
- KWOA needs you and your family to be actively involved in the organization | Please consider volunteering to serve on a committee or letting us know how you can help us realize our mission. Email us at info@kwoa.net to get involved.



Kentucky Woodland Owners Association

Recreation is theme for KWOA/KWOF 2020 Annual Meeting
Lake Cumberland State Resort Park

September 22-23, 2020

Registration – PLEASE PRINT

Name: _____

Spouse/Guest Name(s): _____

Tree Farm Business Name: _____

Mailing Address: _____

City, State & Zip: _____

Phone number(s): _____

E-mail: _____

Woodland acres owned/managed: _____

REGISTRATION INCLUDES ALL PROGRAMS, LUNCH and DINNER on September 22

MEMBERSHIPS CAN BE PAID or RENEWED AT THE TIME OF REGISTRATION

	FEE	x	# of People	Total Amount
Registration	\$70	x	_____	\$_____

Registration and payment can be made by:

Credit Card or PayPal on KWOA website: WWW.KWOA.NET

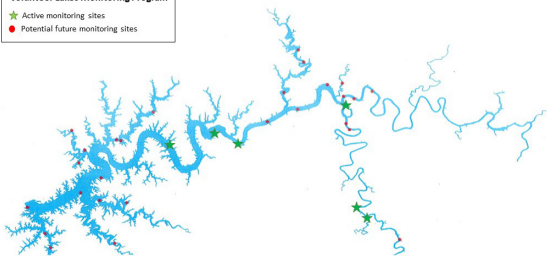
Mail registration and payment to: KWOA - PO BOX 1201 – Frankfort, KY 40602

Please make your room reservations at Lake Cumberland State Resort Park separately by calling the park at 270-343-3111. A block of rooms have been reserved for KWOA. Please remember to mention that you are attending the KWOA Woodlands Owners Conference.



Welcome to Lake Cumberland

*Submitted by Alice Mandt, Upper Cumberland Basin Coordinator, Kentucky Division of Water
Photos courtesy of Lake Cumberland State Dock Marina*

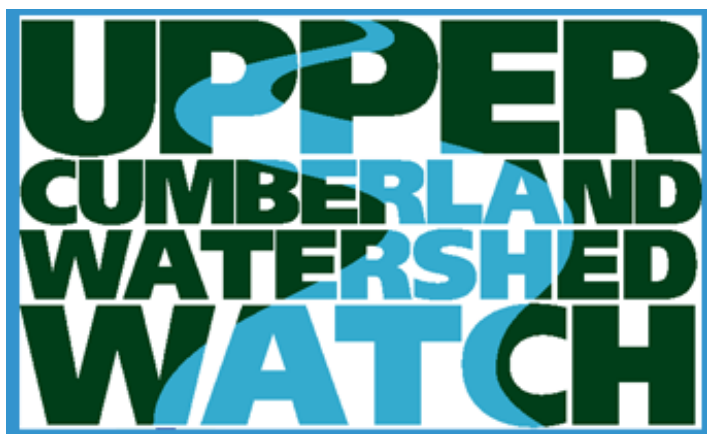


What started as a project to control flooding and produce hydroelectric power turned into a recreational and economic driver in the Upper Cumberland River Basin. In the 1950s, the Cumberland River was impounded with the construction of Wolf Creek Dam. At over 5,500 feet long and 250 feet tall, Wolf Creek Dam created Lake Cumberland, one of the largest reservoirs in the United States with a capacity of 6,089,000 acre-feet. The land below the lake and the surrounding area, generally to the top of the ridge, is owned and managed by the U.S. Army Corp of Engineers. Before the dam was constructed, the land was heavily logged. Since that time, the surrounding ridges have recovered to create today's beautiful scenery. Lake Cumberland has 1,255 miles of rugged shoreline and draws in over 7 million visitors each year.

Some of the most popular events include the Annual Lake Cumberland Raft Up hosted by the Lake Cumberland Association, the Lake Cumberland Poker Run, and the upcoming 2020 Fishing League Worldwide Series Championship. Every year, the Lake Cumberland Raft up aims to break its previous Guinness World Record of largest number of boats rafted together simultaneously. Even though Lake Cumberland is known as the Houseboat Capital of

the World, you certainly don't need a boat to enjoy the lake. Locals know Lake Cumberland for areas like Needle Point, Seventy Six Falls, and some not-so-secret coves and cliffs perfect for jumping.

There has been a growing interest among lake lovers to protect this cherished resource. Lake Cumberland recently joined the Volunteer Lakes Monitoring Program. This collaborative effort between the Kentucky Division of Water and Watershed Watch of Kentucky aims to engage citizen scientist through data collection. Volunteers are trained to use Secchi Disks to measure the clarity of lake water, while also making observations of the general lake appearance and weather conditions. Although the program is geared toward understanding general lake health, special emphasis is placed on Harmful Algal Blooms and protecting drinking water sources. For more information on how to get involved, please contact the Kentucky Division of Water.



2020 Calendar of Events



August 25-27 (rescheduled)
**Kentucky Forest Industries Association
 Annual Meeting**
 The Brown Hotel, Louisville
<http://kfia.org/AnnualMeeting.aspx>

September 22-23
 (rescheduled)
KWOA/F Annual meeting
 Lake Cumberland State Resort Park

In Their Own Woods

Go ahead. Hug your trees.

Apart from the social media chatter about the trials and challenges of home-schooling, too much time with a significant other, too much time alone and too little opportunity for traditional entertainment and hospitality events, I hear other voices as KWOA's newsletter editor. Several members have commented on how the COVID-19 pandemic has adjusted their time and priorities to spend more time in their woods and to upgrade their knowledge about its management and value.

For most woodland owners there are no social distancing restrictions with the forest, masks are not required to protect the trees and wildlife and soiled (literally) hands are not a health threat. In addition, studies of people who spend time in nature have strengthened immune systems and improved mental and physical health ("Healthy Forests, Healthy People" in National Woodlands, Spring 2020, p15). For those who welcome the time to catch up on all those on-line chats, podcasts and tutorials, below are a few that may provide particularly relevant and interesting material for that next walk in the woods. These resources can also be found via the KWOA website's search function. For families with children at home, see the *Family Corner* article on page 2.

On a more serious note, financial setbacks accentuated by the pandemic are and will take their toll on environmental resources. This is an especially important time for woodland owners to review their plans for the future of their family forests and re-commit to their health and sustainable future.

Chestnut Chat Series

The American Chestnut Foundation

Participate by going to <https://www.acf.org/resources/chestnut-chat-series/>. Join live computer Zoom webinars on Fridays at 11:30A EDT or access archived chats.

From the Woods Today

UK Department of Forestry and Natural Resources Extension



A weekly live video Wednesdays at 11A EDT on the online, social conferencing platform, Zoom. Join the live broadcast via Zoom or watch recorded shows at www.fromthewoodstoday.com.

Agriculture Water Quality Plan

Develop or update an individual Agriculture Water Quality Plan for your property. Here is the link to information and a downloadable PDF file for completing KY Ag Water Quality Plans: <https://www.uky.edu/bae/awqp>. Listen to the KYH2O podcast series at <https://www.uky.edu/bae/kyh2o>.

Birdwatching

Downloads of the National Audubon Society's bird identification app (<https://www.audubon.org/app>) have doubled compared to the same time last year. Also try Cornell Lab of Ornithology's free bird-identification app, Merlin ID (<https://merlin.allaboutbirds.org/>).

Rodney Bruce, Greenup County, Joins KWOA Board of Directors



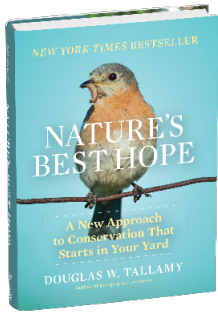
KWOA welcomes Rodney Bruce to the Board of Directors eastern region roster. Bruce is replacing Walt Rybka, who resigned his position on the board. Many thanks to Walt for his service to the association.

Mr. Bruce and his family have lived in the midst of a small forest in Greenup County since 2000. He has been a Greenup County Soil and Water Supervisor since 2007. In 2014 he proposed holding a Greenup County forestry event known as Woods and Wildlife for your Wallet. The first one was held in February of 2015 and has become an annual event. In 2013, he trained as a volunteer

in the Kentucky Watershed Watch program for the Big Sandy and helped re-establish it in Greenup County. He served as Chair of Big Sandy Watershed Watch from 2016 to the end of 2019 and continues on the state board of Watershed Watch in Kentucky as Treasurer.

Mr. Bruce has a Bachelors of Science in Nursing from California State University, Los Angeles and a Masters in Public Health, Epidemiology from the University of California, Los Angeles. As an Epidemiologist, he worked for Los Angeles County Health Department in AIDS reporting and research.

Suggested Reading - Nature's Best Hope: A New Approach to Conservation That Starts in Your Yard



Douglas W. Tallamy
Timber Press, Portland, Oregon
2019

214 pages

Book review by Karen Marshall,
KWOA Board member and
newsletter editor

For homeowners who dislike the sight of caterpillars munching on the leaves of their trees, Tallamy recommends his Ten-Step Program: "Take ten steps back from the trunk and all your insect problems go away."

Across North American biomes keystone species, representing about 14 percent of plants, comprise 90 percent of insect food and keep the food web healthy. The most important are four genera of native trees: oaks, poplars, willows and cherries. But also hickory, chestnut elms, cottonwood and birches. Other native vegetation includes joe-pye weed, aster, marsh marigold, skunk cabbage, snakeweed and goldenrod several of which support native bees.

If you think climate change is the number one threat to the planet, think again.

Douglas Tallamy, an entomologist at the University of Delaware, observes that insects are a large part of the diet, either directly or indirectly, of reptiles, birds, rodents and on up through the food chain. In Tallamy's words, "Plants, in essence, enable animals to eat sunlight." Unfortunately, not all plants are equal in their ability to provide sustenance for insects. Tallamy reveals the unbreakable link between native plant species and native wildlife—native insects cannot, or will not, eat alien plants. When native plants disappear, the insects disappear, impoverishing the food source for birds and other animals.

In an interview in the April 2020 issue of *Smithsonian Magazine*, Tallamy estimates that the worldwide population of arthropods, chiefly insects, has declined by 45 percent from preindustrial times.

If "bugs" brings the biting and stinging variety to mind, think again. Tallamy's specialty is the caterpillar whose weight and nutritional value is equal to that of 200 aphids. A typical baby bird eats a full meal thirty to forty times a day while nesting. Observations of warbler pairs recorded over 800 caterpillars brought to the nest each day. Obviously, the distance the parent bird has to travel to obtain and deliver food to the nest is a crucial factor in the survival of the nestlings.

Tallamy stresses that, going forward, natural habitats need to be saved or created where humans work, live, farm or play.

Through this process, biological corridors can both connect small isolated areas and their inhabitants and provide places which in themselves sustainably support entire life cycles of local biodiversity. Most of these potential corridors are in private ownership and are currently dominated by landscaped lawns that are mostly devoid of biological activity and contain introduced ornamental plants and gardens to elevate the quest for status in the neighborhood. Tallamy calls his biological corridors project Homegrown National Parks.

Tallamy asks property owners to add only one criterion to their preferences for choosing landscape plants – whether a plant is native.

Fortunately, there is a search tool developed by the National Wildlife Foundation for those seeking to identify woody and herbaceous plant genera native to their locality in terms of their ability to host caterpillars. Simply enter your postal code in the Native Plant Finder (<http://www.nwforg/NativePlantFinder>). Audubon has created a similar website, Plants for Birds (<https://www.audubon.org/native-plants>). Tallamy's book also includes a section on the restoration of native bees.

May 14 Board Meeting Highlights/Action Items

HB591 Healthy Soils legislation was introduced in the most recent session but did not have sufficient support. The Kentucky Conservation Committee asked for KWOA input in continuing support of the legislation.

The deadline for submitting cost share applications to the Kentucky Division of Conservation has been extended until November 15.

Woodland owners are obligated to have an Agriculture Water Quality

Plan and to update it every 1-2 years. Information can be found at <https://www.uky.edu/bae/awqp>. Also, the application deadline for the Farmer-Led Conservation Mini-Grant Program to kick start or expand farmer-led demonstration efforts is 6/1/20. Information and application information is at <https://www.reach.msstate.edu/grant-application.asp>.

Current officers and directors are to remain in place until the election at the next annual meeting,

scheduled for 9/22-9/23. KWOA member Rod Bruce will replace Walt Rybka's position representing the Eastern Zone.

Face Book: The account has been taken down because of a lack of interest. Michael Rich indicated that he would investigate the possibility of reviving the account.

Additional 2020 board meetings will be held 8/13/20 (in-person or on-line), 9/23/20 at the annual meeting, and 11/12/20.

KENTUCKY WOODLAND OWNERS ASSOCIATION
P.O. Box 1201
Frankfort, KY 40602

DIRECTORS

NORTH ZONE

Steve Perry, Pendleton
Hugh Archer, Lawrenceburg
C. Michael Rich, Georgetown

EAST ZONE

Rodney Bruce, Greenup
Jack Stickney, Irvine
Jimmie Sizemore, Manchester

CENTRAL ZONE

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Henry Duncan, Versailles
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James Vincent, Henderson
Dr.Lanny Copeland, Brentwood, TN

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Dr. James "Greg" Kuhns (19) Louisville
Dr. Jim Corum (20) Stony Fork

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Vice President - Portia Brown, Louisville
Secretary - Jack Rentz, Wallingford
Treasurer - Jerry Brown Louisville
Past President - Frank Hicks, Winchester

Kentucky Woodlands is published quarterly. We welcome submission of articles and information for inclusion in the newsletter subject to review and approval by the executive committee. Please submit copy to the address below. Editor reserves the right to edit all material for content and length.

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